

Table 1 - Flaxseed, No. 1 Canada Western Quality data for 2019 harvest

Quality parameter	2019	2018	2009-18 Mean
Oil content ¹ , %	46.7	45.7	45.6
Protein content ² , %	22.6	23.1	22.1
Free fatty acids, %	0.19	0.15	0.17
Iodine value	194.9	189.7	192.0

¹ Dry matter basis

² N x 6.25; Dry matter moisture basis

Table 2 - Flaxseed, No. 1 Canada Western Fatty acid composition for 2019 harvest

Fatty acid ¹ , % in oil	2019	2018	2009-18 Mean
Palmitic acid (C16:0)	5.0	5.1	5.0
Stearic acid (C18:0)	3.3	3.6	3.4
Oleic acid (C18:1)	16.5	18.7	18.2
Linoleic acid (C18:2)	15.5	15.8	15.3
α -Linolenic acid(C18:3)	58.8	55.9	57.4

¹ Percentage of total fatty acids in the oil including palmitic (C16:0), stearic (C18:0), oleic (C18:1), linoleic (C18:2), and linolenic (C18:3)